





# PMEX UPDATE


SELL	
	<b>CRUDE10-FE26</b>
56.79	-0.60%
Expiry	19/Jan/26
Remaining	12 Days
Entry	57.4 - 57.25
Stoploss	57.71
Take Profit	57 - 56.6


SELL	
	<b>NGAS1K-FE26</b>
3.4880	4.12%
Expiry	27/Jan/26
Remaining	20 Days
Entry	3.484 - 3.474
Stoploss	3.52
Take Profit	3.444 - 3.403


BUY	
	<b>GO10Z-FE26</b>
4,461.16	-0.78%
Expiry	28/Jan/26
Remaining	21 Days
Entry	4440 - 4444
Stoploss	4429.84
Take Profit	4455 - 4465


BUY	
	<b>SL10-MA26</b>
79.01	-2.50%
Expiry	25/Feb/26
Remaining	49 Days
Entry	78.694 - 79.212
Stoploss	78.39
Take Profit	80.323 - 81.335


BUY	
	<b>PLATINUM5-AP26</b>
2,312.45	-5.71%
Expiry	27/Mar/26
Remaining	79 Days
Entry	2268 - 2272
Stoploss	2263.06
Take Profit	2282 - 2288


SELL	
	<b>COPPER-MA26</b>
5.9788	-1.38%
Expiry	25/Feb/26
Remaining	49 Days
Entry	6.0158 - 5.9893
Stoploss	6.04
Take Profit	5.9396 - 5.9247


BUY	
	<b>ICOTTON-MA26</b>
65.46	0.61%
Expiry	19/Feb/26
Remaining	43 Days
Entry	64.95 - 65.01
Stoploss	64.83
Take Profit	65.2 - 65.33

BUY	
	<b>DJ-MA26</b>
49,743	0.04%
Expiry	19/Mar/26
Remaining	71 Days
Entry	49439 - 49468
Stoploss	49342.07
Take Profit	49550 - 49584

BUY	
	<b>SP500-MA26</b>
6,981	-0.09%
Expiry	19/Mar/26
Remaining	71 Days
Entry	6965 - 6970
Stoploss	6949.84
Take Profit	6978 - 6988

BUY	
	<b>NSDQ100-MA26</b>
25,760	-0.24%
Expiry	19/Mar/26
Remaining	71 Days
Entry	25798 - 25806
Stoploss	25726.60
Take Profit	25841 - 25885

SELL	
	<b>GOLDUSDJPY-FE26</b>
156.53	-0.06%
Expiry	28/Jan/26
Remaining	21 Days
Entry	156.37 - 156.32
Stoploss	156.66
Take Profit	156.17 - 156.01

SELL	
	<b>GOLDEURUSD-FE26</b>
1.1690	0.01%
Expiry	28/Jan/26
Remaining	21 Days
Entry	1.1706 - 1.1702
Stoploss	1.172
Take Profit	1.1691 - 1.1674

## Major Headlines

### Crude oil slumps, shares retreat as global tensions intensify

Crude futures slid and shares in Asia retreated as markets grappled with the ramifications of the political upheaval in Venezuela and the fate of its petroleum reserves. Oil prices extended their slide after U.S. President Donald Trump said Venezuela will be "turning over" up to 50 million barrels of oil to be sold at its market price following the toppling and capture of the nation's leader. [see more...](#)

### Gold prices ease after sharp gains on profit-taking

Gold prices slipped in Asian trading on Wednesday after sharp gains earlier in the week as investors booked profits, while markets continued to assess heightened geopolitical risks and awaited key U.S. economic data. Spot gold fell 1% to \$4,450.55 an ounce by 02:13 ET (07:13 GMT). U.S. Gold Futures for March delivery slipped 0.8% to \$4,460.55/oz. Bullion had rallied strongly in the last two sessions [see more...](#)

### S&P 500: Stocks Climb Despite Diverging Risk Signals and Falling Leverage Costs

The S&P 500 rallied on Tuesday, January 6, rising by roughly 60 basis points and barely eking out a new all-time high. It was somewhat striking to see the market advance on a day when Apple fell by nearly 2%, while Nvidia (NASDAQ:NVDA) declined by about half a percent. Most of the strength appeared to come from the semiconductor memory stocks [see more...](#)

### Japanese Yen sticks to intraday gains amid hawkish BoJ bets

The Japanese Yen (JPY) remains on the front foot against a broadly weaker US Dollar (USD) through the early European session on Wednesday, though it lacks bullish conviction amid a mixed fundamental backdrop. The growing acceptance that the Bank of Japan (BoJ) will stick to its policy normalization path marks a significant divergence in comparison to dovish US Federal Reserve (Fed) expectations [see more...](#)

### EUR/USD flatlines near recent lows, unfazed by Eurozone HICP numbers

EUR/USD is practically flat, trading near 1.1690 at the time of writing, with the bearish bias from December highs intact. Eurozone inflation figures confirmed that price pressures remain weak, which left the pair trading sideways near three-week lows, with investors awaiting the release of key US employment figures. [see more...](#)

### Markets await Eurozone inflation and US employment data

Investors gear up for a potential increase in market volatility on key macroeconomic data releases on Wednesday. Eurostat will publish preliminary December inflation data in the European session. In the second half of the day, the US economic calendar will feature ADP Employment Change data for December, JOLTS Job Openings for November and [see more...](#)

## Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
S&P Global Services PMI (Dec)	6/1/2026	7:45 PM	USD	High volatility	52.5	52.9	54.1
ADP Nonfarm Employment Change (Dec)	7/1/2026	6:15 PM	USD	High volatility		50K	-32K
ISM Non-Manufacturing PMI (Dec)	7/1/2026	8:00 PM	USD	High volatility		52.2	52.6
ISM Non-Manufacturing Prices (Dec)	7/1/2026	8:00 PM	USD	High volatility			65.4
JOLTS Job Openings (Nov)	7/1/2026	8:00 PM	USD	High volatility		7.640M	7.670M
Crude Oil Inventories	7/1/2026	8:30 PM	USD	High volatility			-1.934M
Initial Jobless Claims	8/1/2026	6:30 PM	USD	High volatility		216K	199K

# FOREX MARKETS' STATISTICS

Forex Market Hours



Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

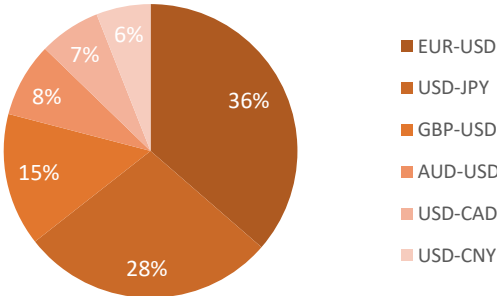
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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